

Technology Use: Advice for parents of under 5s

Although children do not have access to online resources at nursery, we are aware that many children are using online channels at home, using devices, such as, general iPads or children's tablets. As you're aware, there are ever increasing risks and harm that children can be exposed to online. Therefore, we would like you to take on board current advice and information devised by the **NSPCC** who are the UK's leading children's charity in protecting children from harm:

Please click on the links below for further details regarding parental controls, discussing online safety appropriately with your child and using technology in a purposeful way.

Nassiba is the nursery named E safety person within the setting. If you have any online safety concerns that you would like to discuss, please speak to Nassiba or Karen (the Nursery Manager) accordingly.

Please refer to current guidance below from the NSPCC regarding online safety in the early years:

- **Supervise use** - We recommend this age group only have supervised access to technology. This means that they should only be using technology when fully supported by a parent or carer.
- **Use family devices, accounts and services** – Use child friendly devices and services like children's tablets and child versions of popular video sites.
- **Check content first** – Check the content on apps and games each time before use and turn off features like 'autoplay' so you can be in control of what is shown next.
- **Set up your parental controls** – make use of safety settings across your home Wi-Fi, devices and accounts. You can find out more by [visiting our parental controls page](#).
- **Start safety conversations** - it's important to start talking about safety online as soon as your child is using technology. [Visit our Techosaurus page](#) for age-appropriate resources.
- **Establish healthy habits** - Make technology use purposeful from a young age by making sure it's [playing a positive role](#) in your family. You can do this by watching and enjoying age-appropriate online videos together.